



## OYSA Health and Exclusion Policy

The following procedures are required to be followed by the clubs, teams, parents, players, and referees who are participating in the Winter 2022 PTTL, Spring 2022 PTTL, Spring 2022 Developmental League, Spring 2022 EOSL, and Spring Cups (State, Presidents, and Founders). [Click here](#) to see the information from the CDC and [here](#) from Multnomah County that was used to develop this policy.

Any changes to this document will be highlighted and distributed to our clubs and on our website with a date stamp.

Maintaining player and coach confidentiality is vital to the process of reporting. As a coach or parent reporting, please report your information directly to your club's COVID-19 contact only. The club will then report to OYSA only the team name and when they were presented the case or exposure information. OYSA will not disclose any identifying information about the player, coach, or referee when communicating about the protocols of this policy.

### Requirement: Isolation from Play for Positive COVID-19 Cases or COVID-19 Like Symptoms

Any player, coach, or referee that is known to have tested positive for COVID-19 or has COVID-19 like symptoms is required to notify their club immediately and remove themselves from participation with their team.

If a player, coach, or referee tests positive for COVID-19 or has COVID-19 like symptoms, the following actions will be taken by OYSA:

- Any player, coach, or referee that tests positive for COVID-19 or has COVID-19 like symptoms is isolated from play for 5 days from the date of the positive result or onset of symptoms.
- If you have no symptoms or your symptoms have completely resolved for 24 hours by day 5, you can return to participation. If you still have any symptom, continue to isolate until your symptoms resolve for at least 24 hours without any fever reducing medicine before returning to participation.
- Wear a face covering around others for 5 additional days upon return, including outside during play.
- The opposing team(s) that they have played against the prior weekend will be notified and asked to monitor for symptoms.
- OYSA will contact David Grbavac so he can notify the referees involved in the game with a positive case.

### Requirement: Quarantine or Symptom Monitoring if Exposed to Someone With COVID-19 or COVID-19 Symptoms

For those less than 18 years old:

If you have completed the primary series of Pfizer vaccine more than 2 weeks ago, and you are exposed to someone with COVID-19 or COVID-19 like symptoms:

- Wear a face covering around others for 10 days, including outside during play. Get tested around day 5, if possible.
- No quarantine from participation is necessary unless you test positive or develop symptoms. If you test positive or develop symptoms, follow isolation requirements in previous section.

For those less than 18 years old:

If you are unvaccinated, OR received only one dose of Pfizer vaccine, OR it has been less than 2 weeks since you received a second Pfizer vaccine:

- Quarantine from participation for 5 days from date of exposure, and test on day 5 if possible.
- Wear a face covering around others for 5 additional days upon return, including outside during play.
- If you test positive or develop any symptoms, follow isolation requirements in previous section.



**For those 18 years and older:**

If you have been boosted OR completed the primary series of Pfizer or Moderna vaccine within the last **5 months** OR completed the primary series of J&J vaccine within the last two months, and you are exposed to someone with COVID-19 or COVID-19 like symptoms:

- Wear a face covering around others for 10 days, including outside during play. **Get tested around day 5, if possible.**
- No quarantine from participation is necessary unless you test positive or develop symptoms. If you test positive or develop symptoms, follow isolation requirements in previous section.

**For those 18 years and older:**

If you completed the primary series of Pfizer or Moderna vaccine over **5 months** ago and are not boosted OR if you completed the primary series of J&J over 2 months ago and are not boosted OR **if you received only one dose of Pfizer/Moderna vaccine OR** if you are unvaccinated, and you are exposed to someone with COVID-19 or COVID-19 like symptoms:

- Quarantine from participation for 5 days from date of exposure, and test on day 5 if possible.
- Wear a face covering around others for 5 additional days upon return, including outside during play.
- If you test positive or develop any symptoms, follow isolation requirements in previous section.

All items in this document are subject to change based on requirements and information gained from the OHA and/or CDC.

If your club or county health authority has a stricter policy than stated above that requires your entire team to quarantine for a period of time, league games scheduled during that time will be rescheduled, if possible. Cup games during that time will not be rescheduled and will be considered forfeit by your team.